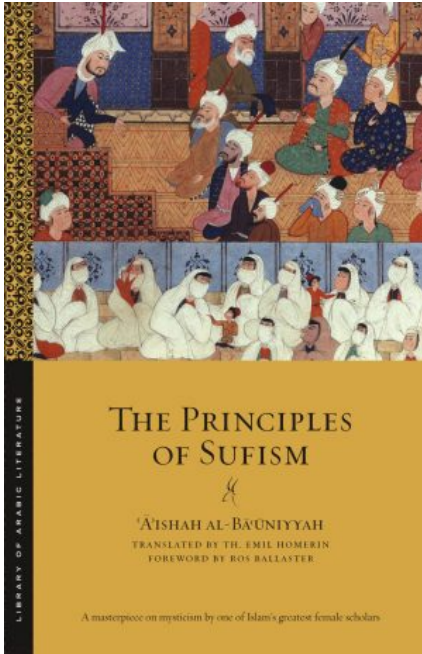


## The Principles of Sufism



### About the Book

Aishah al-Bauniyyah of Damascus was one of the great women scholars in Islamic history. Born into a prominent family of pious scholars and Sufi devotees, Aishah received a thorough religious education and memorized the Quran at age eight. A mystic and a prolific poet and writer, she composed more works in Arabic than any other woman before the 20th century. Yet despite her extraordinary literary and religious achievements, Aishah al-Bauniyyah remains largely unknown. For the first time, her key work, *The Principles of Sufism*, is available in English translation.

*The Principles of Sufism* is a mystical guide book to help others on their spiritual path. Outlining the four principles of Repentance, Sincerity, Remembrance, and Love, it traces the fundamental stages and states of the spiritual novice's transformative journey, emphasizing the importance of embracing both human limitations and God's limitless love. Drawing on lessons and readings from centuries-old Sufi tradition, Aishah advises the seeker to repent of selfishness and turn to a sincere life of love. In addition to his lucid translation, Th. Emil Homerin provides an insightful introduction, notes and a glossary to Aishah al-Bauniyyah's remarkable account of the pursuit of mystical illumination.

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Aishah al-Bauniyyah (d. 923 H/1517 AD) of Damascus was one of the great women scholars in Islamic history. A mystic and prolific poet and writer, Aishah composed more works in Arabic than any other woman before the 20th century.

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