

Dev Publishers  
& Distributors

## Beyond the Brain: Birth, Death, and Transcendence in Psychotherapy



### About the Book

Beyond the Brain seriously challenges the existing neurophysiological models of the brain. After three decades of extensive research on those non-ordinary states of consciousness induced by psychedelic drugs and by other means, Grof concludes that our present scientific world view is as inadequate as many of its historical predecessors. In this pioneering work, he proposes a new model of the human psyche that takes account of his findings.

Grof includes in his model the recollective level, or the reliving of emotionally relevant memories, a level at which the Freudian framework can be useful. Beyond that is perinatal level in which the human unconscious may be activated to a reliving of biological birth and confrontation with death. How birth experience influences an individual's later development is a central focus of the book.

The most serious challenge to contemporary psycho-analytic theory comes from a delineation of the transpersonal level, or the expansion of consciousness beyond the boundaries of time and space.

Grof makes a bold argument that understanding of the perinatal and transpersonal levels changes much of how we view both mental illness and mental health. His reinterpretation of some of the most agonizing aspects of human behavior proves thought provoking for both laypersons and professional therapists.

**Author:** Stanislav Grof

**Publisher:** Dev Publishers & Distributors

**Edition:** First

**Year:** 2019

**Dimension:** 15 x 23 cm

**No. of Pages:** 484

**Weight:** 550 gm

**ISBN:** 9789387496187

**Binding:** Softcover

**Territory:** South Asia including Singapore and Malaysia

**Price:** Rs 995

---

### About the Author

Stanislav Grof, MD, is a psychiatrist with more than fifty years of experience in research of non-ordinary states of consciousness. He has been Principal Investigator in a psychedelic research program at the Psychiatric Research Institute in Prague, Czechoslovakia; Chief of Psychiatric Research at the Maryland Psychiatric Research Center; Assistant Professor of Psychiatry at the Johns Hopkins University; and Scholar-in-Residence at the Esalen Institute. He is currently Professor of Psychology at the California Institute of Integral Studies, conducts professional training programs in holotropic breathwork, and gives lectures and seminars worldwide. He is one of the founders and chief theoreticians of transpersonal psychology and the founding president of the International Transpersonal Association (ITA). In 2007, he was granted the prestigious Vision 97 award from the Vaclav and Dagmar Havel Foundation in Prague. He is the author and editor of many books, including *The Cosmic Game: Explorations of the Frontiers of Human Consciousness* and *Psychology of the Future: Lessons from Modern Consciousness Research*; also published by Dev Publishers & Distributors.

**Dev Publishers  
& Distributors**

**STAY CONNECTED**

Second Floor, Prakashdeep 22, Delhi Medical  
Association Road, Darya Ganj, New Delhi – 110 002

**Phone No :** [+91-11-4357-2647](tel:+91-11-4357-2647)

**Email ID :** [info@devbooks.co.in](mailto:info@devbooks.co.in)

**Website :** [devbooks.co.in](http://devbooks.co.in)